

DINA *Does* ENERGY



Dina Vitantonio Energy Therapist

When we understand our own personal Energy, we become empowered by 10 fold, creating a bigger opportunity to impact our lives and the world around us for positive change and greater consciousness.



Angie Agnoni Astrologer Dipl., IAA

Angie is a consulting and teaching astrologer. She graduated from the International Academy of Astrology (IAA) and received invaluable mentorship and guidance from many prolific pioneers in the field of astrology. She serves as LCAA's Vice President where she has been a member since 2010. She instructs Astrology 101 and 102 and also facilitates a weekly webinar, AstroMechanics. You can read her monthly horoscope column in Akron's Devil Strip Community Magazine.

Update from Dina:

This wonderful time of year is often associated with the feeling of playful fun and feelings of being carefree with less rigidity and structure driving our day-to-day. A relaxed mindset and being in the flow seem to take over from our normal routine as a reward or way to recharge from the chaos of the previous year.

While all this is important, especially now, this year is marked by paying particular attention to the prize and staying focused on the target or long-term goal(s). And don't be surprised if they need some adjusting and re-considerations starting early-mid fall. As things are shifting all around us this summer, even globally, it is very important to make sure we have our priorities in order and ducks in a row for this coming fall. In other words, don't bury your head in the sand; rather, stay informed and see beyond any narratives to find the nuggets of "truth" and pearls of wisdom, as this past and future several months are filled with both! It's all there if you look. And most importantly, remember to take time away from the mundane to enjoy and create what you want for yourself in the months ahead, balancing social time with a touch of necessity. A little balance goes a long way.

Update from Angie Agnoni - *Astrological Perspective:*

In 1776 when the US broke free and founded a new country, Pluto was at a particular location in the sky. Fast forward almost 250 years later, Pluto has returned to that same exact position again bringing with it an onset of changes and intense undercurrents just like it did many years ago. This location or destination in the heavens is read at 27 degrees of Capricorn. To find this hotspot in your own birth chart it is critical if you are looking to gain a better understanding of how this energy is or can affect you on a personal and grand level.

In our country currently, we see this example now as the underbelly of old, outdated ways making their way to the surface bringing with it a clashing and cleaning of ideas, beliefs and questions from the masses. In our own lives, this purge of old outworn, outplayed customs, beliefs and addictions are coming up and out, even forcing us to cast out behaviors and patterns that are not serving our highest good. This is a time of self-reflection and asking for better and more positive ways of being.

Jupiter's transit through Aries is asking if you have the courage, like our founders, to break-free of the personal and social oppression, anything which hinders our growth together as a collective humanity. The binding planet Saturn is making its way through the collective sign of Aquarius establishing new networks to connect us and to encourage our ability to thrive authentically.

Both Dina and myself, two Aquarian soul sisters are here to share our gifts through the energetic waves of water, as we read fluidly with Spirit.

For more personal guidance or to help navigate the "waters" in your own life please reach out for a session to help successfully surf the energetic tides during the emotional zodiac season of the Cancer, then to use your stronger willpower during the upcoming Leo season of creative fire toward the end of July and into August.